

9<sup>th</sup> September, 2008

## Rambler Reports Latest Drill Results at the Ming Mine Drills 2.9 metres of 3.05 g/T Gold and 5.19% Copper

**London, England & Baie Verte, Newfoundland and Labrador** – Rambler Metals and Mining plc (TSXV: RAB, AIM: RMM) is pleased to announce further positive drill results from its underground diamond drilling exploration program at the Ming Mine.

Highlights include the following assay results:

Drill Hole	Sample Length	Au	Cu
RMUG08-64	2.90 m	3.05 g/t	5.19 %
RMUG08-80	3.00 m	2.73 g/t	0.64 %
RMUG08-84	0.90 m	2.07 g/t	5.60 %
RMUG08-92	3.00 m	3.16 g/t	0.79 %
RMUG08-93	1.05 m	6.39 g/t	3.22 %
RMUG08-94	1.50 m	1.29 g/t	6.06 %
RMUG08-96	1.25 m	2.49 g/t	3.02 %
RMUG08-101	2.50 m	4.08 g/t	1.47 %
RMUG08-102	1.00 m	2.72 g/t	0.02 %

### Ming Massive Sulphide Horizon

With the addition of a small pneumatic drill to the underground drilling program many areas previously inaccessible to the larger electric drill can now be explored more effectively and cost efficiently. These new results could have a significant impact on the overall resource estimate given how close the mineralization is to existing mine infrastructure. Rambler plans to release an updated resource estimate early in 2009 that will include all of the new massive sulphide intersects, new gold mineralization and the new lower footwall zone drilling.

### Remnant Pillars

Rambler's Geology department is exploring opportunities to add the historic pillar remnants to the resource. When the mine originally closed in the early 1980s there was approximately 453,000 tons of 3.7% copper with 1.88 g/tonne gold remaining in remnant pillars. The pillar resource is non NI43-101 compliant and therefore was not included in the original resource estimate released by Rambler (see release April 30, 2008). Rambler must confirm the accuracy of this historically reported mineralization before it can be added to the current resource. This confirmation will be undertaken through a program of channel sampling over the coming months.

### Bulk Sampling

Rambler has also recently retained Thibault Associates to conduct locked cycle metallurgical testing on a bulk sample representing the 1807 massive sulphide mineralization. This testing is expected to confirm the accuracy and validity of the historical flow sheet at the old mill as well as providing information which will be valuable in optimizing the reagent scheme for the high grades identified in the 1807 Zone. This work will be completed by the end of December 2008.

Details of the bulk sample are contained in the table below:

Drill Hole	Sample Type	Sample Length	Au	Cu
1807 Zone	Bulk Sample	400 kg	5.35 g/t	5.21 %

George Ogilvie, P.Eng, President and CEO, Rambler commented:

“Rambler continues to produce impressive drilling results from the Ming Massive Sulphide that will benefit our resource update and cashflow models in early 2009.

When the mine was originally in production the old mining areas were never backfilled hence the reason why so many high grade pillars were left in place. These pillars are standing and intact as we have been able to physically verify them following the dewatering of the mine. We believe by backfilling into the old mine workings we will create the opportunity to recover these pillars.

We are also pleased to see that the bulk 400 kg representative sample of the 1807 zone returned a head grade of 5.21% Cu and 5.35 g/t Au. Underground crews are currently developing towards the 1807 zone with ore expected to be reached before the end of September. The development drifts into the 1807 zone will provide us the opportunity to test the up-plunge and down-plunge extension of the 1807 zone which is open. These developments drifts into the ore will later be used for production mining purposes.

The Company is on track to bring the former Ming Mine back into production.”

The table below details the Ming Massive Sulphide assay results:

Target	Drill Level	Hole	From (m)	To (m)	Length (m)	Length (feet)	Au (g/t)	Cu (%)
MS	1800 GB	RMUG08-63	27.50	29.50	2.00	6.56	0.37	1.95
MS	1800 GB	RMUG08-64	5.20	7.20	2.00	6.56	0.22	2.63
		RMUG08-64	84.00	86.90	2.90	9.51	3.05	5.19
MS/ Gold	1020	RMUG08-80	4.90	28.90	24.00	78.74	1.12	0.35
		<i>Including</i>	10.90	13.90	3.00	9.84	2.73	0.64
MS	1800 GB	RMUG08-81	2.40	4.40	2.00	6.56	0.190	1.21
		RMUG08-81	51.60	53.60	2.00	6.56	0.219	1.14
MS	1800 GB	RMUG08-82	32.50	34.50	2.00	6.56	0.42	1.69
		RMUG08-82	42.50	49.10	6.60	21.65	0.93	1.15
MS	1800 GB	RMUG08-84	46.10	49.50	3.40	11.15	1.08	1.74
		<i>including</i>	46.10	47.00	0.90	2.95	2.07	5.60
MS	1800 GB	RMUG08-85	55.60	65.40	9.80	32.15	0.73	1.74
		<i>including</i>	55.60	59.20	3.60	11.81	1.04	3.48
MS/ Gold	1800 (1)	RMUG08-90	6.90	9.90	3.00	9.84	0.35	1.69
MS/ Gold	1800 (1)	RMUG08-91	26.60	29.60	3.00	9.84	0.61	1.64
MS/Gold	1020	RMUG08-92	16.8	19.8	3.00	9.84	3.16	0.79
MS	1500	RMUG08-93	18.00	20.00	2.00	6.56	0.35	1.44

Target	Drill Level	Hole	From (m)	To (m)	Length (m)	Length (feet)	Au (g/t)	Cu (%)
		RMUG08-93	35.70	36.75	1.05	3.44	6.39	3.22
<b>MS</b>	<b>1500</b>	RMUG08-94	66.20	71.70	5.50	18.04	1.18	1.69
		<i>including</i>	70.20	71.70	1.50	4.92	1.29	6.06
<b>MS</b>	<b>1300</b>	RMUG08-95	32.50	47.60	15.10	49.54	0.31	0.42
		<i>including</i>	40.85	43.20	2.35	7.71	1.17	2.10
		<i>including</i>	40.85	42.60	1.75	5.74	1.42	2.41
<b>MS</b>	<b>1300</b>	RMUG08-96	56.80	60.80	4.00	13.12	0.22	1.18
		RMUG08-96	82.30	83.55	1.25	4.10	2.49	3.02
<b>MS</b>	<b>1300</b>	RMUG08-98	49.90	51.40	1.50	4.92	1.28	1.56
<b>MS</b>	<b>1500</b>	RMUG08-99	41.90	43.40	1.50	4.92	0.74	1.88
<b>MS</b>	<b>1300</b>	RMUG08-101	10.00	13.15	3.15	10.33	0.31	1.45
		RMUG08-101	40.30	42.80	2.50	8.20	4.08	1.47
<b>MS</b>	<b>1200</b>	RMUG08-102	3.60	4.60	1.00	3.28	2.72	0.02
		RMUG08-102	10.60	11.60	1.00	3.28	1.52	0.02

For more information and a complete listing of all RMM drill intersections, corresponding maps, figures and NI43-101 compliance information please visit our website at [www.ramblermines.com](http://www.ramblermines.com).

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Larry Pilgrim, P.Geo. is the Qualified Person responsible for the technical content of this release and has reviewed and approved it accordingly. Mr. Pilgrim is an independent consultant contracted by Rambler Metals and Mining plc.

All tonnes are dry metric tonnes unless otherwise stated.

Drill intercepts quoted are core lengths; true widths for the Gold Zone and Ming Zone are estimated to be between 60-100% of core lengths. Analytical results for Rambler core are first determined at Eastern Analytical, Springdale, NL. Samples are then shipped by courier to Activation Laboratories Ltd. ("Actlabs"), Ancaster Ontario, where a 34 element ICP analysis and gold fire assay are performed. The results presented in this release are based on assay data from Eastern Analytical and Actlabs'. ActLabs' data, being the accredited lab for this project, will supersede all other results.

National Instrument 43-101 compliance information regarding sampling and analytical protocols pertaining to the Rambler Project can be accessed via the following link: <http://www.ramblermines.com>

**The TSX-Venture Exchange does not accept responsible for the adequacy or accuracy of this release.**