

3rd February 2010

RAMBLER HIRES KEY ENGINEERING STAFF

LONDON, ENGLAND and BAIE VERTE, NEWFOUNDLAND and LABRADOR: Rambler Metals & Mining PLC (TSX VENTURE:RAB) (AIM:RMM) is pleased to announce that it has filled the positions of Chief Mine Engineer and Senior Mine Engineer for the Ming Mine project.

Tim Sanford, B.Sc., P.Eng, will be joining the Rambler team as Chief Mine Engineer. Mr. Sanford has over 17 years of experience at various supervisory levels and throughout his career has been involved in all aspect of underground development. Mr. Sanford's latest position was Chief Engineer with Goldcorp Canada Limited's Musselwhite Mine where he was responsible for the entire engineering group. Tim is currently a member of the Professional Engineers Association of Ontario.

As Chief Mine Engineer for Rambler Mr. Sanford will be directly responsible for all aspects of the Ming Mine and will play a key role in bringing the former producing mine back into operation.

Shaun Gage, B.Sc., B.B.A., has accepted the position of Senior Mine Engineer with Rambler. Mr. Gage has over 22 years of international mining experience in both underground and open pit operations. Most recently, as Senior Production Engineer at Barrick Gold's Plutonic Gold Mine, in Western Australia, Mr. Gage was responsible for daily short term engineering services as well as the supervision of subordinate staff reporting to him. Shaun is eligible for membership in the Professional Engineers and Geoscientists Newfoundland and Labrador (PEGNL).

As Senior Mine Engineer Mr. Gage will play a key role in all mine design, development and production scheduling at the Ming Mine. His depth of experience will be an invaluable addition to the Rambler team.

Jason McKenzie, General Manager commented,

"The recruitment of key experienced and qualified Engineering Staff, of this caliber endorses the project and, reflects the upside potential of the project. I look forward to working with both Tim and Shaun, in developing and bringing the Ming Mine into production, over the course of 2010."

For further information, please contact:

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About the Company

Rambler was founded in 2004 when Altius Minerals Corporation ("Altius"), a Newfoundland and Labrador based resource company, contributed to the Company's asset base an option to acquire and develop the Rambler property.

The Ming property had been a former underground copper and gold producing mine that ceased production when the deposit reached a then third party property boundary. This neighbouring property was subsequently consolidated before being brought into the Company. The Company now owns a 100% interest in the property.

Recently, the purchase of the Nugget Pond milling facility has allowed the company to accelerate its plans to bring the former producing Ming mine back into production. The Nugget Pond mill has been in operation as recently as December 2009 and includes a fully permitted tailings impound.

The principal activity of the Group is carrying out development and exploration on the Ming Mine Property, a mineral exploration property located on Newfoundland and Labrador's Baie Verte Peninsula.